SMART WINS worksheet

My Goal is:

My Goal is important because:

Specific:

Measurable:

Achievable:

Relevant:

T ime-bound:

Write:

Incentivize:

Network:

Share:

share accomplishments with Christopher Judd at javajudd@gmail.com

SMART WINS worksheet

Goals

List 5 accomplishments you are already proud of:

1.

2.

3.

4.

5.

What do you want in the next 10 years?

1 ___ -

2 ___ -

3 ___ -

4 ___ -

5 ___ -

6 ___ -

7 ___ -

8 ___ -

9 ___ -

10 ___ -